



TWO NEWCOMERS EVENTS

Sunday 28th September

An introduction to:
**The Four Noble Truths &
The Dharmapada**

@ CREATIVITY GREENHOUSE
195 ARTHUR ST N
GUELPH, ON
N1E 4V7

10.30am till 1pm Introduction to meditation
tea break
Introducing Buddhism
The Four Noble Truths followed by discussion.

2.30pm till 5pm Introduction to meditation
tea break
Introducing Buddhism
Study of the Dhammapada.
The section on “The Thousands”.

*\$20.00 PER SESSION OR \$30 FOR THE DAY.
(BRING YOUR OWN MEDITATION CUSHIONS ETC.)*



DHARMACHARI HARSHAPRABHA
BASED AT THE IPSWICH BUDDHIST
CENTRE, UK

www.triratnabuddhistcommunityontario.com
<https://thebuddhistcentre.com>